# Effects of TiO<sub>2</sub>, ZrO<sub>2</sub> and Al<sub>2</sub>O<sub>3</sub> dopants on the compressive strength of tricalcium phosphate

Y. I. ZAWAHREH\*, N. POPOVA, R. W. SMITH Department of Mechanical and Materials Engineering, Queen's University, Nicol Hall, 60 Union Street, Kingston, Ontario, K7L 3N6, Canada E-mail: yousef@zawahreh.com

J. HENDRY, T. J. N. SMITH Millenium Biologix Corporation, 785 Midpark Drive, Kingston, Ontario, K7M 7G3, Canada

T. L. ZIOLO EBI, L.P., 100 Interpace Parkway, Parsippany, NJ 07054, USA

Tricalcium phosphate (TCP) powders synthesised using the Ca(NO<sub>3</sub>)<sub>2</sub> and Ca(OH)<sub>2</sub> routes were doped with TiO<sub>2</sub>, ZrO<sub>2</sub> and Al<sub>2</sub>O<sub>3</sub> in order to increase their compressive strength. An ultimate compressive strength (UCS) of 255  $\pm$  6 MPa was achieved for approximately 10 vol% TiO<sub>2</sub> doping compared to 30  $\pm$  3 MPa for an un-doped control processed and tested in the same manner. Higher levels of TiO<sub>2</sub> doping resulted in smaller increases in UCS with 30 and 50 vol% achieving 213  $\pm$  9 and 178  $\pm$  15 MPa, respectively. Very small amounts of Al<sub>2</sub>O<sub>3</sub> doping (<0.5 vol%) also resulted in a stronger materials. However, under the processing conditions employed, higher levels of Al<sub>2</sub>O<sub>3</sub> and ZrO<sub>2</sub> doping resulted in no beneficial effect on the UCS. Polyvinyl alcohol (PVA) was used as binding agent to facilitate processing. As expected, higher levels of PVA were associated with smaller increases in UCS. Powders synthesised using the Ca(OH)<sub>2</sub> route had smaller particle size and resulted in larger increases in UCS compared to the Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powders.

Although some powders contained  $\alpha$  and  $\beta$ -TCP phases, no other calcium phosphate, CaO, CaTiO<sub>3</sub> or CaZrO<sub>3</sub> phases were detected. In conclusion, a significant increase in the UCS of TCP was achieved by doping with approximately 10 vol% TiO<sub>2</sub> which is expected to have little or no effect on the bioactivity or bioresorbability of the material. © 2005 Springer Science + Business Media, Inc.

## 1. Introduction

Many attempts have been made to strengthen hydroxyapatite bioceramics with metal oxide additions [1– 6]. High strength, bioinert oxides such as  $TiO_2$ ,  $Al_2O_3$ [7] and cubic  $ZrO_2$  are obvious candidates. Generally, low levels of doping result in significant increases in strength. However, higher levels of doping do not yield the expected higher strength values due to adverse effects on the sintering of the hydroxyapatite matrix [2], or decomposition of the latter into tricalcium phosphate (TCP) and CaZrO<sub>3</sub> [2, 3] or CaTiO<sub>3</sub> [8, 9] depending on the dopant used.

To date, no work is published on the strengthening of single-phase bioresorbable ceramics, specifically TCP. This paper investigates the effect of  $ZrO_2$ ,  $TiO_2$  and  $Al_2O_3$  doping on the compressive strength of TCP. The doping levels were similar to those used in the Japanese Patent No. 1-111763 [1]. However, the processing pro-

cedure was different. Our long-term objective is to produce a strengthened resorbable material that can be used in load-bearing applications.

# 2. Methods and materials

## 2.1. Powder syntheses

Calcium-deficient apatite [reactant Ca/P = 1.665] was precipitated from solutions of  $(NH_4)_2HPO_4$  and Ca $(NO_3)_2$  made basic by the addition of NH<sub>4</sub>OH. The Ca $(OH)_2$  and H<sub>3</sub>PO<sub>4</sub> reaction was also used to synthesise selected powders. In this case a reactant Ca/P ratio of 1.5 was used and no NH<sub>4</sub>OH was added. In either case the dopants [ZrO $(NO_3)_2$ , TiO<sub>2</sub> and Al<sub>2</sub>O<sub>3</sub>] were added to the reaction mixture which was then stirred for 1 h prior to filtration and subsequent drying overnight at 80 °C. The crushed powders were calcined at 900 °C for 1 h then milled for 1 h, using an alumina milling pot and media, before sieving through a 212  $\mu$ m sieve.

TABLE I Approximate volume fraction composition of each powder tested and corresponding mole fraction calculated from the amount of reactants used

	Approx. volume %			Mole %				
	ТСР	ZrO <sub>2</sub>	TiO <sub>2</sub>	Al <sub>2</sub> O <sub>3</sub>	ТСР	ZrO <sub>2</sub>	TiO <sub>2</sub>	Al <sub>2</sub> O <sub>3</sub>
10Ti	90		10		66.3		33.7	
30Ti	70		30		33.4		66.6	
50Ti	50		50		17.6		82.4	
40Zr-10Ti	50	40	10		15.6	70.1	14.4	
10Zr-40Ti	50	10	40		17.2	19.3	63.5	
0.5Zr-49.5Ti	50	0.5	49.5		17.8	1.0	81.2	
10A1	90			10	24.8			75.2
30A1	70			30	8.0			92.0
50A1	50			50	3.6			96.4
0.5Al	99.5			0.5	93.6			6.4
40Zr-10Al	50	40		10	12.1	54.4		33.5
10Zr-40Al	50	10		40	7.2	13.6		79.2

The approximate volume percentages of dopants and the calculated mole percentages (from mass of reactants) are given in Table I. Powders synthesised using the Ca(NO<sub>3</sub>)<sub>2</sub> route are denoted with the prefix *n*-while Ca(OH)<sub>2</sub> powders are prefixed with *h*-.

# 2.2. Compression testing

Compression test pieces were made by pressing the sieved powders in a 6 mm diameter steel die under ~120 MPa. The cylindrical specimens used had length to diameter ratios in the range 1.9–2.1 in accordance with ASTM C1424-99 [10]. A polyvinyl alcohol (PVA) binding agent (2.5 wt%) was used. The green compacts were heated at 550 °C for 1 h then sintered at 1175 °C for 1 h and cooled to room temperature at 5 °C. min<sup>-1</sup>. Uniaxial compression tests were performed on 5 samples for each composition using a strain rate of  $3 \times 10^{-3}$  s<sup>-1</sup>. A PVA solution of 7.5 wt% was also used as binding agent for 10 other specimens from selected n- and h- compositions.

## 2.3. Characterisation

Phase composition of these powders was determined using Co  $K\alpha_{1+2}$  X-ray diffraction (X'pert Pro and

an X'celerator detector, Philips). Scans were obtained between 10–80  $^{\circ}$  2 $\theta$  using the equivalent of a 0.02  $^{\circ}$  step size and 50 s exposure time. Peaks were identified using ICDD powder diffraction data cards [11].

After sintering, the apparent density of each specimen was measured and the percentage densification calculated. Theoretical bulk densities of 2.86, 3.07, 4.26, 5.83 and 3.97 g·cm<sup>-3</sup> were used for  $\alpha$ -TCP,  $\beta$ -TCP, TiO<sub>2</sub>, ZrO<sub>2</sub> and Al<sub>2</sub>O<sub>3</sub>, respectively. The approximate volume percentages were used for the dopants whilst that of the TCP phase was determined from XRD analysis.

## 3. Results and discussion

#### 3.1. Mechanical and physical properties

The ultimate compressive strength (UCS) of each composition is listed in Table II. The average density, the percentage densification and the median particle size are also given. Under these processing conditions (2.5% PVA binder; 1175 °C sintering), TiO<sub>2</sub> doping increased significantly the UCS of the ceramic as compared with an un-doped control sample processed and tested in the same manner, Fig. 1. Very small amounts of Al<sub>2</sub>O<sub>3</sub>

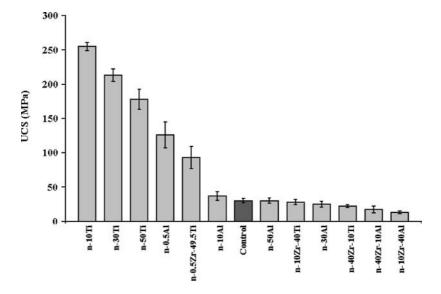


Figure 1 UCS of the Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powders using 2.5% PVA as binder compared to an un-doped control.

TABLE II UCS, density calculations (2.5% PVA as binder) and median particle size  $(D_{0.5})$  for the Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powders

	UCS (MPa)	Density $(g \cdot cm^{-3})$	Densification (%)	D <sub>0.5</sub> (µm)
n-10Ti	255 (6)	2.72	91	9.5
n-30Ti	213 (9)	2.42	74	3.8
n-50Ti	178 (15)	2.14	58	2.6
n-0.5Al	126 (19)	2.42	85	6.4
n-0.5Zr-49.5Ti	93 (16)	1.99	54	2.1
n-10Al	37 (6)	1.50	48	8.9
n-50Al	30 (4)	1.53	45	4.2
n-10Zr-40Ti	28 (4)	1.80	47	7.9
n-30A1	25 (4)	1.48	46	10.8
n-40Zr-10Ti	22 (2)	2.27	54	16.2
n-40Zr-10A1	17 (5)	1.86	44	6
n-10Zr-40Al	13 (2)	1.47	40	4.4

doping (<0.5 vol%) increased the compressive strength whilst higher levels did not.  $ZrO_2$  doping decreased the compressive strength. With the exception of the *n*-50Ti specimens, the compositions that achieved densities over 74% of their theoretical bulk value exhibited the most significant increases in UCS. Indeed the higher the TiO<sub>2</sub> content, the lower the measured densification. No discernable effect on the UCS was observed for particle size. For instance, the  $ZrO_2$ -doped powders had small median particle sizes and bimodal size distributions yet their UCS was lower than the control.

The measurements obtained for the higher UCS compositions (n-10Ti, n-30Ti, n-50Ti, n-0.5A1 and n-0.5Zr-49.5Ti) using 7.5% PVA binding agent are given in Table III and illustrated in Fig. 2.The anticipated reduction in the UCS compared with the 2.5% PVA specimens (Table I) ranged from 40 to 60%. The densification remained relatively constant with the exception of n-10Ti which had a 13% decrease.

The UCS measurements, densities, percentage densification and median particle size for the three compositions 10Ti, 30Ti and 0.5Al, synthesised via the Ca(OH)<sub>2</sub> route are given in Table IV.Although processed using the same conditions, these specimens

TABLE III UCS and density calculations (7.5% PVA as binder) for the higher strength  $Ca(NO_3)_2$ -synthesised powders

	UCS (MPa)	Density (g·cm <sup>-3</sup> )	Densification (%)
<i>n</i> -10Ti	153 (17)	2.34	78
<i>n</i> -30Ti	137 (17)	2.35	72
n-0.5Al	119 (18)	2.41	84
<i>n</i> -50Ti	71 (16)	2.18	59
<i>n</i> -0.5Zr-49.5Ti	70 (11)	2.24	61

TABLE IV UCS, density calculations (7.5% PVA as binder) and median particle size ( $D_{0.5}$ ) for the higher strength Ca(OH)<sub>2</sub>-synthesised powders

	UCS (MPa)	Density (g·cm <sup>-3</sup> )	Densification (%)	D <sub>0.5</sub> (µm)
<i>h</i> -10Ti	192 (19)	2.98	93	1.1
<i>h</i> -30Ti	174 (27)	2.60	76	1.1
<i>h</i> -0.5Al	161 (20)	2.87	94	1.4

TABLE V The calcium phosphate phase composition of each powder after calcination at 1175  $^\circ C$  calculated using the RIR method

	Ca(NO <sub>2</sub>	$_{3})_{2}$ route	Ca(OH) <sub>2</sub> route		
	α-TCP (%)	$\beta$ -TCP (%)	α-TCP (%)	β-TCP (%)	
10Ti	92	8		100	
30Ti	100			100	
50Ti		100			
40Zr-10Ti	87	13	51	49	
10Zr-40Ti	32	68	63	37	
0.5Zr-49.5Ti		100			
10A1		100			
30A1	100				
50A1	100				
0.5Al	100			100	
40Zr-10Al		100	100		
10Zr-40Al	55	45	100		

had on average 75–80% higher UCS's and had densified more than their counterparts synthesised using the  $Ca(NO_3)_2$  route (Table III). This is most likely due to the smaller particle sizes of these powders.

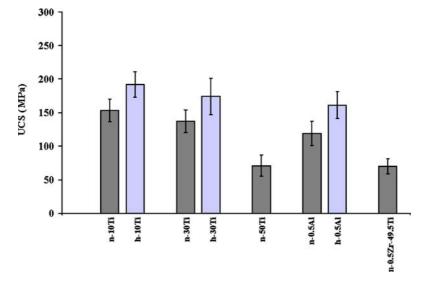
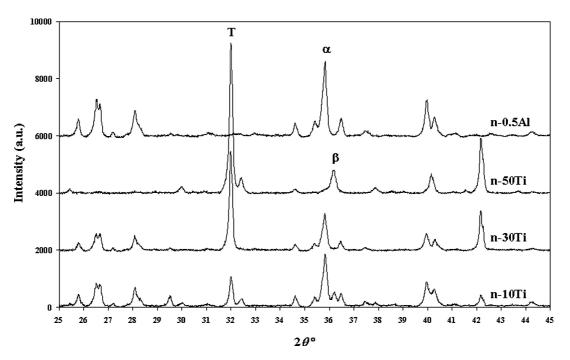
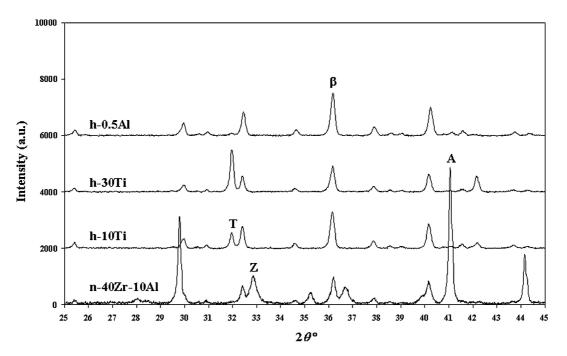


Figure 2 UCS of the high strength Ca(NO<sub>3</sub>)<sub>2</sub>- and Ca(OH)<sub>2</sub>-synthesised powders using 7.5% PVA as binder.



*Figure 3* Co K $\alpha$  XRD patterns of the high strength Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powders.  $\alpha$ ,  $\beta$  and T denote the 100% peaks for  $\alpha$ -TCP,  $\beta$ -TCP and TiO<sub>2</sub>, respectively. All unlabelled peaks correspond to a labelled phase.

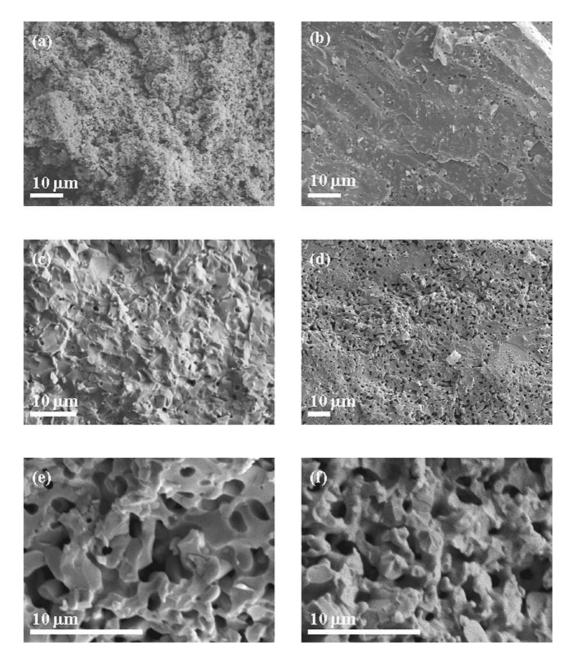


*Figure 4* Co  $K\alpha$  XRD patterns of the high strength Ca(OH)<sub>2</sub>-synthesised powders and a weak Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powder (*n*-40Zr-10Al).  $\beta$ , *T*, *Z* and *A* denote the 100% peaks for  $\beta$ -TCP, TiO<sub>2</sub>, ZrO<sub>2</sub> and Al<sub>2</sub>O<sub>3</sub>, respectively. All unlabelled peaks correspond to a labelled phase.

## 3.2. X-ray diffraction (XRD)

Since the mass absorption coefficients of  $\alpha$ - and  $\beta$ -TCP are the same, the normalised relative intensity ratio method (RIR) was used to determine the quantity of each of these phases in each powder composition from the respective 100% intensity peaks, Table V.No hydroxyapatite, tetracalcium phosphate, or CaO phases were present in any of the compositions. In contrast with previous work [2–4, 9, 12], no CaZrO<sub>3</sub> phase was present in the ZrO<sub>2</sub>-doped powders nor was there a CaTiO<sub>3</sub> phase present in the TiO<sub>2</sub>doped powders. Rutile was the TiO<sub>2</sub> phase present in the TiO<sub>2</sub>-doped powders. Further, the ZrO<sub>2</sub> phase comprised the weaker monoclinic baddeleyite polymorph. This was to be expected for the sintering regime employed and since no stabilising agents were added.

As illustrated in Fig. 3,TiO<sub>2</sub> doping of the Ca(NO<sub>3</sub>)<sub>2</sub> route stabilised  $\alpha$ -TCP at the 10 and 30 vol% levels while 50 vol% gave rise to  $\beta$ -TCP. In contrast, the calcium phosphate phase resulting from 10 and 30 vol% TiO<sub>2</sub> doping of the Ca(OH)<sub>2</sub> route was  $\beta$ -TCP, Fig. 4.However, even though most Al<sub>2</sub>O<sub>3</sub>-doped powders gave rise to  $\alpha$ -TCP, this did not increase the UCS, particularly in the case of higher levels of doping (30 and 50 vol%). The double-doped pow-



*Figure 5* Fracture surface SEM micrographs: (a) *n*-40Zr-10Al [2.5% PVA], (b) *n*-10Ti [2.5% PVA], (c) *h*-10Ti [7.5% PVA], (d) *n*-10Ti [7.5% PVA], (e) *n*-30Ti [7.5% PVA] and (f) *h*-30Ti [7.5% PVA].

ders (40Zr-10Ti, 10Zr-40Ti, 40Zr-10Al and 10Zr-40Al) were found to be multiphasic with respect to the calcium phosphate present. This may have inhibited the sintering process resulting in their low UCS.

## 3.3. Scanning electron microscopy (SEM)

SEM of the fracture surfaces revealed that the weaker compositions had not sintered, Fig. 5(a).Despite the significant improvement in the compressive strength, residual microporosity still remained, as illustrated in Fig. 5(b)–(f). Pore size in the Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powders remained constant ( $\sim$ 1–5  $\mu$ m diameter) with PVA content. However, the number of pores and the level of interconnectivity increased with increasing PVA content, Fig. 5(b) and (d). The pores observed for the Ca(OH)<sub>2</sub>-synthesised *h*-10Ti specimens (7.5% PVA), Fig. 5(c), were also similar in size to those of the 2.5% PVA *n*-10Ti, although the sample was less

porous. These findings are in agreement with UCS and XRD data since h-10Ti is a  $\beta$ -TCP with a higher UCS than the  $\alpha$ -TCP n-10Ti. Smaller, fewer pores and lower levels of interconnectivity were observed for h-10Ti compared with n-10Ti, Fig. 5(c) and (d). The smaller particle size of h-10Ti enhanced sintering resulting in a denser ceramic with a higher UCS. The morphologies of n-30Ti and h-30Ti were similar with n-30Ti having slightly larger pores which appear to be more interconnected, thus accounting for the lower UCS of n-30Ti, Fig. 5(e) and (f).

# 4. Conclusions

Under the processing conditions used, TiO<sub>2</sub> increased significantly the compressive strength of TCP and generally stabilised the  $\alpha$ -polymorph. The increase in UCS value compared to an un-doped material was found to be inversely proportional to the vol% of TiO<sub>2</sub>. This is a welcome result since a stronger material is achieved

at little or no cost to bioactivity or bioresorbability. As expected, UCS is inversely proportional to binder content whilst temperatures in excess of 1175 °C are required to sinter the Al<sub>2</sub>O<sub>3</sub>- and/or ZrO<sub>2</sub>-doped TCP. The higher strength cubic or tetragonal ZrO<sub>2</sub> polymorphs were not stabilised under these conditions suggesting that there was no Ca<sup>2+</sup> migration into the ZrO<sub>2</sub> lattice. Doped Ca(OH)<sub>2</sub>-synthesised powders had smaller median particle sizes which enhanced sintering and resulted in higher values for UCS compared to those of the Ca(NO<sub>3</sub>)<sub>2</sub>-synthesised powders.

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